



Transition To Adult Life For Students With Disabilities Checklist

Transition services ensure that students with disabilities have the skills necessary to pursue adult goals related to school, work and community living following high school graduation. Services should be coordinated, results oriented and should encompass all areas of life.

The student is key in the ongoing individualized transition process which does not end until graduation or aging out at the age of 21. Graduation can occur at any point when the student meets all academic requirements and all transition goals.

The below checklist serves as a guide to transition services.

	Ages 14-15	Ages 16-18	Ages 19-21
Transition Statement	Yes	Yes	Yes
Skills inventory	Yes	Yes	Yes
Life skills inventory	Yes	Yes	Yes
Identify areas of interest	Yes	Yes	Yes
Identify possible employment fields	Yes	Yes	Yes
Vocational assessment	Yes	Yes	Yes
Academic courses identified	Yes	Yes	Yes
PSAT, SAT, and/or ACT preparation	Yes	Yes	N/A
Identify hobbies and/or recreational activities	Yes	Yes	Yes
Identify communication needs	Yes	Yes	Yes
Transition Plan	No	Yes	Yes
Provide community experiences	No	Yes	Yes
Job coaching	No	Yes	Yes
Interview skills	No	Yes	Yes
Resume writing	No	Yes	Yes

	Ages 14-15	Ages 16-18	Ages 19-21
Vocational training	No	Yes	Yes
College visits	No	Yes	Yes
Financial aid applications	No	Yes	Yes
Activities of daily living (cooking, cleaning, dressing)	No	Yes	Yes
Money management	No	Yes	Yes
Driver's education	No	Yes	Yes
Insurance needs	No	Yes	Yes
Housing options for after graduation	No	Yes	Yes
Travel training	No	Yes	Yes
Self-advocacy skills	No	Yes	Yes
Reach out to DVRS, DDD, SSA and others	Yes	Yes	Yes
Transfer of education rights	No	18	No
Register to vote	No	Beginning at 18	Yes
Graduation possible	No	Yes	Yes
Men register for draft	No	18	No

If you experience any problems in obtaining necessary transition services, you may contact **Disability Rights New Jersey** at **1-800-922-7233 (in NJ only)** or **609-292-9742**.

Disability Rights New Jersey (DRNJ) is the State's federally funded protection and advocacy system for people with disabilities. DRNJ is a private, non-profit, consumer driven organization with a mission to advocate and advance the human, civil and legal rights of persons with disabilities.

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